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Investigator brochure medical device template

7.1 Introduction The Investigator's Brochure (IB) is a set of clinical and non-clinical data on the investigational medicinal product(s) relevant for the study of the medicinal product(s) in humans. Its purpose is to provide investigators and other trial participants with information that will facilitate their understanding of the reasons and their adherence to many key elements of the protocol, such as dose, frequency/interval of doses, routes of administration: and safety monitoring procedures. IB also provides an overview to support the clinical management of study participants during the clinical trial. The information should be presented in a concise, simple, objective, balanced and non-promotional form that allows the doctor or potential investigator to understand them and carry out his own impartial risk-benefit assessment of the appropriateness of the proposed trial. 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If a product placed on the market is being investigated for new uses (i.e. a new indication), an IB specific to this new use should be prepared. IB should be reviewed at least once a year and revised as necessary in accordance with the adjuthrator's written procedures. Depending on the stage of development and the production of relevant new information, a more frequent revision may be more appropriate. However, in accordance with good clinical practice, the relevant new information may be so important that it is communicated to the investigators and, where applicable, to the Institutional Review Committees (IEC)/Independent Ethics Committee (IEC) and/or regulatory authorities before it is included in the revised IB. The sponsor is generally responsible for ensuring that up-to-date IB is available to researchers and that investigators are responsible for providing up-to-date IB. 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An example is given in Appendix 1. 7.2.2 Confidentiality Statement The sponsor may wish to include a statement ordering the examinee/consignee to treat IB as a confidential document for exclusive information and use of the investigation team and the IRB/IEC. 7.3 The content of the IB investigative brochure should contain the following sections, each with literature references, if applicable: 7.3.1 Content The content example is given in Appendix 2 7.3.2 Summary A concise summary (preferably not exceeding two pages) should be provided highlighting the relevant physical, chemical, pharmaceutical, pharmacological, toxicological, pharmacokinetic, metabolic and clinical information relevant to the clinical development stage of the investigational medicinal product. 7.3.3 Introduction A brief introductory statement should be provided containing the chemical name (and the common and trade name(s) if all active substances are approved, the pharmacological substance(s) of the investigational medicinal product(s) and its expected position in this class (e.g. benefits), the rationale for carrying out research on the products under investigation and the presumed prophylactic, therapeutic or diagnostic indication(s). 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In this way, investigators may be provided with the most informative interpretation of the available data and with an assessment of the implications of the information for future clinical trials. Where appropriate, published reports on related products should be discussed. This could help the investigator anticipate adverse drug reactions or other problems in clinical trials. The overall objective of this section is to provide investigators with a clear understanding of the potential risks and adverse reactions and specific tests, observations and precautions that may be necessary for the clinical trial. This understanding should be based on available physical, chemical, pharmaceutical, pharmacological, toxicological and clinical information on the product(s) being tested. 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A description of the preventive measures or specific monitoring to be carried out as part of the examination of the use of the product(s) should also be provided. (c) Experience in marketing IB should be the countries in which the product under investigation has been sold or approved. All relevant information resulting from the use of the product after placing it on the market (e.g. formulations, doses, routes of administration and adverse drug reactions) should be summarised. IB should also identify all countries where the product under investigation has not received a marketing authorisation/registration or has been withdrawn from placing on the market/registration. 7.3.7 Summary of data and guidelines for the investigator This section should provide an overall debate on preclinical and clinical data and summarise information from different sources on the different aspects of the products tested where possible. In this way, investigators may be provided with the most informative interpretation of the available data and with an assessment of the implications of the information for future clinical trials. Where appropriate, published reports on related products should be discussed. This could help the investigator anticipate adverse drug reactions or other problems in clinical trials. The overall objective of this section is to provide investigators with a clear understanding of the potential risks and adverse reactions and specific tests, observations and precautions that may be necessary for the clinical trial. This understanding should be based on available physical, chemical, pharmaceutical, pharmacological, toxicological and clinical information on the product(s) being tested. The clinical investigator should also be provided with guidance on the recognition and treatment of possible overdose and adverse drug reactions based on previous human experience and the pharmacology of the investigational medicinal product 7.4 APPENDIX 1: PAGE TITLE (Example) SPONSOR NAME Product: Research Number: Name(s): Chemical, General (if approved) Business name (if legally admissible and required by sponsor) Investigator's issue number: Date of issue: Replaces previous issue number: Date: 7.5 APPENDIX 2: CONTENTS OF THE INVESTIGATOR'S BROCHURE (Example) - Confidentiality statement (optional) 1 Content 2 Summary 3 Introduction 4 Physical, chemical and pharmaceutical properties and formulation 5 Preclinical study 5.1 Preclinical pharmacology 5.2 Pharmacokinetics and metabolism of products in animals 5.3 Toxicology 6 Effects in humans 6.1 Pharmacokinetics and metabolism of products in humans 6.2 Safety and efficacy 6.3 Marketing experience 7 Summary of data and guidelines for the investigator NB: References to 1. Publications 2. Messages These references should be found at the end of each chapter Supplements (if any) Single dose carcinogenicity In special studies (e.g. Irritability and sensitisation) Reproductive toxicity Genotoxicity (mutagenicity) A summary of information on the pharmacokinetics of the investigational medicinal product(s) should be submitted, including, where available: pharmacokinetics (including metabolism, where appropriate, and absorption, plasma protein binding, distribution and elimination). Bioavailability of the products under investigation (absolute, if possible and/or relative) using the reference dosing formulation. Population subgroups (e.g. gender, age and impaired organ function). interactions (e.g. drug-product interactions and food effects). Other pharmacokinetic data (e.g. results of population studies conducted in clinical trials). Introduction The investigator's Brochure (IB) is a compilation of clinical and preclinical data on the investigational medicinal product(s) relevant for the study of the medicinal product(s) in humans. Its purpose is to provide investigators and other trial participants with information that will facilitate their understanding of the reasons and their adherence to many key elements of the protocol, such as dose, frequency/interval of doses, routes of administration: and safety monitoring procedures. IB also provides an overview to support the clinical management of study participants during the clinical trial. The information should be presented in a concise, simple, objective, balanced and non-promotional form that allows the doctor or potential investigator to understand them and carry out his own impartial risk-benefit assessment of the appropriateness of the proposed trial. Therefore, a person with medical qualifications should generally participate in adaptation IB, but the content of IB should be approved by the disciplines that produced the data described above. This Guideline shall define the minimum information to be included in IB and provide proposals for its organisation. It is expected that the type and extent of information available will vary depending on the stage of If the investigational medicinal product is placed on the market and is generally understood by doctors in its pharmacology, extensive IB may not be necessary. If the regulatory authorities so permit, a brochure with basic product information, package leaflet or labelling may be a suitable alternative, provided that it contains current, comprehensive and detailed information on all aspects of the examiner's product that might be relevant to the examiner. If a product placed on the market is being investigated for new uses (i.e. a new indication), an IB specific to this new use should be prepared. IB should be reviewed at least once a year and revised as necessary in accordance with the adjudicator's written procedures. Depending on the stage of development and the production of relevant new information, a more frequent revision may be more appropriate. However, in accordance with good clinical practice, the relevant new information may be so important that it is communicated to the investigators and, where applicable, to the Institutional Review Committees (IEC)/Independent Ethics Committee (IEC) and/or regulatory authorities before it is included in the revised IB. The sponsor is generally responsible for ensuring that up-to-date IB is available to researchers and that investigators are responsible for providing up-to-date IB. In the case of a trial sponsored by a researcher, the sponsor-researcher should determine whether the brochure is available from a commercial manufacturer. If the test product is provided by a sponsor-researcher, then it should provide the necessary information to the test staff. In cases where the preparation of a formal IB is impractical, the investigator-examiner should provide as a substitute an extended section of background information in the test report containing at least the up-to-date information described in this Guideline. 7.2 IB's general considerations should include: 7.2.1 The name of the Site This should provide the name of the sponsor, the identity of each product under investigation (i.e. research number, chemical or approved generic name and trade name(s), if legally permissible and requested by the sponsor) and the date of issue. It is also proposed to provide an issue number and a reference to the number and date of issue it replaces. An example is given in Appendix 1. 7.2.2 Confidentiality Statement The sponsor may wish to include a statement ordering the examinee/consignee to treat IB as a confidential document for exclusive information and use of the investigation team and the IRB/IEC. 7.3 The content of the investigator's IB dossier should contain the following sections, each with references to literature where appropriate: 7.3.1 Content The content example is given in Appendix 2 7.3.2 Summary A brief summary (preferably not exceeding two pages) should be provided highlighting the significant physical, chemical, available pharmacological, toxicological, pharmacokinetic, metabolic and clinical information relevant to the clinical development stage of the investigational medicinal product. 7.3.3 Introduction A brief introductory statement should be provided containing the chemical name (and the common and trade name(s) if all active substances are approved, the pharmacological substance(s) of the investigational medicinal product(s) and its expected position in this class (e.g. benefits), the rationale for carrying out research on the products under investigation and the presumed prophylactic, therapeutic or diagnostic indication(s). Finally, the introductory statement should provide a general approach to be followed when assessing the product under investigation. 7.3.4 The physical, chemical and pharmaceutical properties and formula A should provide a description of the substances of the product under investigation (including the chemical and/or structural formula(s)) and a brief summary of the relevant physical, chemical and pharmaceutical properties should be provided. In order to allow for appropriate precautions to be taken during the experiment, a description of the formulation(s) to be used, including excipients, should be provided and justified where clinically relevant. Instructions for storing and handling dosing forms should also be provided. Any structural similarities with other known compounds should be reported. 7.3.5 Preclinical studies Introduction: The results of all relevant studies on non-clinical pharmacology, toxicology, pharmacokinetics and metabolism of the products under investigation should be provided in an aggregated form. This summary should address the methodology used, the results and the discussion of the relevance of the findings for the therapeutic and potential adverse and unintended effects on humans investigated. The information provided may include, where appropriate: - Nature and frequency of pharmacological or toxic effects - Severity or intensity of pharmacological or toxic effects - Time to onset of effects - Reversibility of effects - Duration of effects - Dose response Test species Number and sex of animals in each group Unit dose (e.g. Milligram/kilogram (mg/kg)) Dosing interval Dosing route Duration of dosing Duration Of systemic distribution Duration of subsequent results after exposure Including the following aspects: Tabular format/lists should be used whenever possible to improve presentation clarity. The following sections should discuss the most important findings from studies, including the response of observed dose effects, relevance to humans and all aspects to be studied in humans. Where appropriate, effective and non-toxic dose findings in the same species should be compared (i.e. the therapeutic index should be discussed). The relevance of this information to the proposed human behavior should be addressed. Whenever possible, blood/tissue level and not on the basis of mg/kg. (a) Preclinical pharmacology A summary of the pharmacological aspects of the products under investigation and, where appropriate, of its major metabolites studied in animals should be included. Such a summary should include studies assessing potential therapeutic activity (e.g. efficacy models, receptor binding and specificity) as well as safety assessment studies (e.g. specific studies to assess pharmacological measures other than the intended therapeutic effects). (b) Pharmacokinetics and metabolism of products in animals A summary of the pharmacokinetics and biological transformation and disposition of investigational medicinal products in all species studied should be provided. The discussion of the findings should address the absorption and local and systemic bioavailability of the products and metabolites studied and their relationship to pharmacological and toxicological findings in animal species. (c) Toxicology Summary of toxicological effects surveyed in relevant studies conducted in different species should be described, where appropriate, in the following headings: 7.3.6 Effects on humans Introduction: A thorough discussion should be provided on the known effects of investigational medicinal products in humans, including information on pharmacokinetics, metabolism, pharmacodynamics, dose response, safety, efficacy and other pharmacological activities. Where possible, a summary of each completed clinical trial should be provided. Information should also be provided concerning the results of any use of the products tested other than in clinical trials, such as experience during marketing. (a) Pharmacokinetics and metabolism of products in humans. (b) Safety and efficacy Summary of safety information of the investigational medicinal product(s) (including metabolites, where appropriate) safety, pharmacodynamics, efficacy and dose response obtained from previous human studies (healthy volunteers and/or patients). The implications of this information should be discussed. In cases where several clinical trials have been completed, the use of safety and efficacy summaries in several trials as indicated in subgroups may provide a clear presentation of the data. Tabulation summaries of adverse drug reactions would be useful for all clinical studies (including those for all indications studied). Important differences in models/incidences of adverse drug reactions between indications or subgroups should be discussed. IB should provide a description of the potential risks and adverse reactions to the medicinal product to be expected from previous experience with the medicinal product under investigation and the related medicinal product. A description of the preventive measures or specific monitoring to be carried out as part of the examination of the use of the product(s) should also be provided. (c) Experience in marketing IB should be the countries in which the product under investigation has been sold or approved. All relevant information resulting from the use of the product after placing it on the market (e.g. formulations, doses, routes of administration and adverse drug reactions) should be summarised. IB should also identify all countries where the product under investigation has not received a marketing authorisation/registration or has been withdrawn from placing on the market/registration. 7.3.7 Summary of data and guidelines for the investigator This section should provide an overall debate on preclinical and clinical data and summarise information from different sources on the different aspects of the products tested where possible. In this way, investigators may be provided with the most informative interpretation of the available data and with an assessment of the implications of the information for future clinical trials. Where appropriate, published reports on related products should be discussed. This could help the investigator anticipate adverse drug reactions or other problems in clinical trials. The overall objective of this section is to provide investigators with a clear understanding of the potential risks and adverse reactions and specific tests, observations and precautions that may be necessary for the clinical trial. This understanding should be based on available physical, chemical, pharmaceutical, pharmacological, toxicological and clinical information on the product(s) being tested. The clinical investigator should also be provided with guidance on the recognition and treatment of possible overdose and adverse drug reactions based on previous human experience and the pharmacology of the investigational medicinal product 7.4 APPENDIX 1: PAGE TITLE (Example) SPONSOR NAME Product: Research Number: Name(s): Chemical, General (if approved) Business name (if legally admissible and required by sponsor) Investigator's issue number: Date of issue: Replaces previous issue number: Date: 7.5 APPENDIX 2: CONTENTS OF THE INVESTIGATOR'S BROCHURE (Example) - Confidentiality statement (optional) 1 Content 2 Summary 3 Introduction 4 Physical, chemical and pharmaceutical properties and formulation 5 Preclinical study 5.1 Non-clinical pharmacology 5.2 Pharmacokinetics and metabolism of products in animals 5.3 Toxicology 6 Effects in humans 6.1 Pharmacokinetics and metabolism of products in humans 6.2 Safety and efficacy 6.3 Marketing experience 7 Summary of data and guidelines for the investigator NB: References to 1. Publications 2. Messages These references should be found at the end of each chapter Supplements (if any) Single dose carcinogenicity In special studies (e.g. Irritability and sensitisation) Reproductive toxicity Genotoxicity (mutagenicity) A summary of information on the pharmacokinetics of the investigational medicinal product(s) should be submitted, including, where available: pharmacokinetics (including metabolism, where appropriate, and absorption, plasma protein binding, distribution and elimination). Bioavailability of the products under investigation (absolute, if possible and/or relative) using the reference dosing formulation. Population subgroups (e.g. gender, age and impaired organ function). interactions (e.g. drug-product interactions and food effects). Other pharmacokinetic data (e.g. results of population studies conducted in clinical trials). Page 9 7.1 Introduction Investigator documentation (IB) and set of clinical and non-clinical data on the test product (IB) and set of clinical and non-clinical data (e.g. results of population studies conducted in clinical trials). Its purpose is to provide investigators and persons involved in the clinical trial with information that facilitates understanding of protocol principles and adherence to several key factors of the protocol, such as dosage, frequency/interval of doses, routes of administration and procedures for monitoring product safety. IB is also a knowledge-based tool for clinical subject management during the study. The information shall be presented in a concise, simple, objective, balanced and non-promotional form that allows the physician or potential investigator to clearly understand and impartially assure the suitability of the proposed study from the risk-benefit ratio. For this reason, a person with medical qualifications usually has to participate in the development of IB, the content of which must also be approved by experts in the various disciplines which provided the data. This Guideline the minimum information to be included in the IU which provides proposals for its development. It is assumed that the type and extent of information available may vary in relation to the development phase of the product under investigation. A large-scale IB may not be necessary if the medicine is well known in the study and on the market and its pharmacology is well known in the medical class. Where the regulatory authorities so permit, the basic product information documentation, package leaflet or label may be a viable alternative, provided that it contains up-to-date, comprehensive and detailed information on all aspects of the products under investigation which may be relevant to the examiner. If the product is to be designed for a new use on the market (i.e. a new labelling), specification IB for the proposed new use must be prepared. IB shall be reviewed at least once a year and, if necessary, reviewed in accordance with the adjudicator's written procedures. More frequent examination may be appropriate in relation to the product development phase or where relevant new information is available. However, in accordance with good clinical practice, new relevant information may be so important that it must be communicated to investigators and, where appropriate, to the Institutional Audit Committees (IRB)/Independent Ethics Committee (IEC) and/or regulatory authorities before it is included in the revised IB. @include(advertisements.content.1) In general and responsible for sponsorship, it shall ensure that update IB is made available to the investigator(s) and investigators' responsibility for providing the updated IB IRB/IEC responsible for the study. Where the study is promoted by the investigator, the sponsor-researcher shall ensure that he has the product documentation provided by the commercial manufacturer If the product in the study and provided by the sponsoring investigator, the sponsor must provide the necessary information to the personnel involved in the experiment. If the preparation of formal IB is inoperative, the investigator shall extend instead of IB the section of the clinical protocol concerning retrospective information containing minimal, up-to-date information described in this Guideline. 7.2 IB's general considerations must include: 7.2.1 The front page this must include the sponsor's name, the identification of the product in the studio (e.g. experimental abbreviation, approved chemical name or generic name and trade name, if permitted by law or required by the sponsor) and the date of distribution. It is also recommended that you report a progressive release number and replace the reference to the number and date of the previous release. Example and listed in Appendix 1. 7.2.2 7.3 The content of the investigator's IB dossier contains the following sections, each with bibliographic references where appropriate: 7.3.1 Index example of index and listed in Appendix 2. 7.3.2 Summary To highlight available and significant physico-chemical, pharmaceutical, pharmacological, toxicological, pharmacokinetic, metabolic and clinical data relevant to the clinical development phase of the test product, a short summary (preferably not more than two pages) should be provided. 7.3.3 Introduction Short introductory paragraph containing the chemical name (and common and trade name, if approved) of the product(s) in the study, all active substances, the pharmacological class of the product(s) and its intended class placement (e.g. benefits), the rationale for carrying out research on the product(s) concerned and the expected prophylactic, therapeutic or diagnostic indications. Finally, the introduction should provide a general guidance to be followed in the evaluation of the medicinal product in the study. 7.3.4 Composition and physico-chemical and pharmaceutical properties A description of the substance(s) in the study (including the chemical and/or structural formula) and a brief summary of the physico-physical and pharmaceutical properties relating to the substance shall be provided. In order to take appropriate precautions during the experiment, the formulation(s) to be used, including excipients, should be described and justified, where clinically relevant. Instructions should also be given on the storage and use of the pharmaceutical form(s). All structural analogues with other known compounds should be reported. 7.3.5 Preclinical studies Introduction: The results of all relevant preclinical pharmacological, toxicological, pharmacokinetic and metabolic studies of the investigational medicinal product should be summarised. This summary should cover the methodology used, the results and discuss the relevance between the data obtained and the therapeutic effects in the study and possible adverse and adverse effects on humans. The information to be provided may include, where appropriate, the following data, if known/available: • species tested • number and sex of animals in each group • dose unit (e.g. mg/kg) • dose range • route of administration • duration of treatment • information on systemic distribution • duration of post-exposure control • results including the following aspects: – nature and frequency of pharmacological or toxic effects – gravity or pharmacological or toxic effects – time of onset of effects – reversible effects – duration of effects – dose-response relationship. Where possible, the information must be summarised in the form of tables or tables to make the presentation clearer. The following sections should illustrate the most important results of studies, including the dose-response relationship of observed effects, human significance and all aspects to be studied in humans. Where appropriate, the results of the effective and non-toxic dose should be compared with the same animal species (e.g. the therapeutic index should be discussed). The relevance between this information and the proposed human dose should be treated. Where possible, a comparison should be made in terms of plasma/tissue levels rather than mg/kg. (a) Non-clinical pharmacology A summary of the pharmacological aspects of the products under investigation and, where appropriate, of its major metabolites studied in animals should be included. This summary should include studies identifying potential therapeutic activity (e.g. efficacy models, receptor binding and specific) and safety studies (e.g. specific studies to detect pharmacological effects in addition to the desired therapeutic effects). (b) Pharmacokinetics and metabolism in animals Pharmacokinetics, metabolism and elimination data of the investigational medicinal product in all species studied shall be summarised. The discussion of the

data obtained should concern the absorption and local and systemic bioavailability of the medicinal product in the study and its metabolites and their relationship to pharmacological and toxicological data in animal species. (c) Toxicological toxicological effects obtained from studies carried out in different animal species should be summarised and described, where appropriate, in relation to: – single dose – repeated dose – carcinogens – specific studies (e.g. Studies on phenomena of irritation and sensitisation) – Toxicity for reproduction – Genotoxic (mutagenesis) 7.3.6 Effects in humans Introduction: An in-depth discussion should be presented on the known effects of the investigational medicinal product(s) in man, including information on pharmacokinetics, metabolism, pharmacodynamics, dose-response relationship, safety, efficacy and other pharmacological activities. Where possible, a summary of any clinical trial already completed should be provided. In addition to the information obtained from clinical trials, information resulting from any use of the medicinal product(s) in the study, such as data obtained from the placing on the market of the medicinal product, shall be provided. (a) Pharmacokinetics and metabolism in humans – The study should provide a summary of the pharmacokinetics of the medicinal product(s) containing, if available, the following data: – (including metabolism, where appropriate, and absorption, plasma protein binding, distribution and elimination). – Bioavailability of the product in the study (absolute, if possible and/or relative) using the reference pharmaceutical form. – Subgroups of populations (e.g. gender, age and altered organic functionality). – Interactions (e.g. drug-to-drug interactions and food interactions). – Other pharmacokinetic data (e.g. results of population studies conducted in clinical trials). (b) Safety and efficacy A summary of the safety data of the medicinal product(s) in the study (including data on metabolites, where appropriate), pharmacodynamics, efficacy and dose-response relationship, obtained from previous human studies (healthy volunteers and/or patients) should be provided. The implications of this information need to be discussed. In cases where several clinical trials have been completed, a clear presentation of the data may consist of the use of safety and efficacy summaries for different trials divided into subgroups according to indications. Summary tables of adverse drug reactions will be useful for all clinical studies (including those performed on all other indications studied). Important differences in the structure/incidence of adverse drug reactions via indications or subgroups should be discussed. IB should provide a description of the potential risks and adverse drug reactions that can be anticipated from previous experience with the investigational medicinal product or associated medicinal products. A description of the precautionary measures to be taken or of the specific monitoring to be carried out in experimental use of the product(s.c) The marketing experience with the IB product must indicate the countries where the product was approved in the study or on the market. All relevant information obtained from the placing on the market of the product should be summarised (e.g. formulations, doses, routes of administration, adverse drug reactions). IB must also indicate all countries in which the product has not been approved/registered for placing on the market or has been withdrawn from trade or withdrawn. 7.3.7 Summary of data and investigator's manual This section should present a general discussion of clinical and non-clinical data and, where possible, summarise information from different sources on the different aspects of the medicinal product(s) in the study. In this way, the investigator may have the most comprehensive interpretation of the available data and an assessment of the implications for future clinical trials. Where appropriate, published reports concerning related products should be discussed. This may be to assist the investigator in predicting other problems during clinical studies. The overall purpose of this section is to provide the investigator with the means to clearly assess possible risks and adverse reactions, as well as the specific tests, observations and precautions that may be necessary to conduct the clinical trial. This assessment is based on available physico-chemical, pharmaceutical, pharmacological, toxicological and clinical information concerning the investigational medicinal product. Investigators shall also be provided with information to be followed in the recognition and treatment of all cases of overdose and adverse drug reactions based on previous human experience and the pharmacological properties of the investigational medicinal product. 7.4 APPENDIX 1: COVER PAGE (Example) SPONSOR NAME Product: Experimental code: Name: Chemical name, generic name (if approved) Trade name (if legally permitted and if required by sponsor) EXPERIMENTAL DOCUMENTATION Issue number: Date of publication: Replace previous release Number: Date: 7.5 APPENDIX 2: EXPERIMENTAL DOCUMENTATION INDEX (Example) – Confidentiality (optional) – Signature page (optional) 1 Summary 1. Introduction 4 Formulation and properties Physico-chemical and pharmaceutical 5 Non-clinical studies 5.1 Non-clinical pharmacology 5.2 Pharmacokinetics and metabolism in animals 5.3 Toxicology 6 Effects in humans 6. Publications 2. Messages References should be inserted at the end of each chapter Appendices (if any) Page 10 7.1 Introduction Investigator documentation (IB) is a compilation of clinical and non-clinical data on the investigational medicinal product(s) relevant for the study of the medicinal product(s) in humans. Its purpose is to provide investigators and other trial participants with information that will facilitate their understanding of the reasons and their adherence to many key elements of the protocol, such as dose, frequency/interval of doses, routes of administration: and safety monitoring procedures. IB also provides an overview to support the clinical management of study participants during the clinical trial. The information should be presented in a concise, simple, objective, balanced and non-promotional form that allows the doctor or potential investigator to understand them and carry out his own impartial risk-benefit assessment of the appropriateness of the proposed trial. Therefore, a person with medical qualifications should generally participate in adaptation IB, but the content of IB should be approved by the disciplines that produced the data described above. This Guideline sets out the minimum information IB and provides proposals for its organisation. It is expected that the type and extent of information available will vary depending on the stage of development of the product under investigation. If the investigational medicinal product is placed on the market and is generally understood by doctors in its pharmacology, extensive IB may not be necessary. If the regulatory authorities so permit, a brochure with basic product information, package leaflet or labelling may be a suitable alternative, provided that it contains current, comprehensive and detailed information on all aspects of the examiner's product that might be relevant to the examiner. If a product placed on the market is being investigated for new uses (i.e. a new indication), an IB specific to this new use should be prepared. IB should be reviewed at least once a year and revised as necessary in accordance with the adjudicator's written procedures. Depending on the stage of development and the production of relevant new information, a more frequent revision may be more appropriate. However, in accordance with good clinical practice, the relevant new information may be so important that it is communicated to the investigators and, where applicable, to the Institutional Review Committees (IEC)/Independent Ethics Committee (IEC) and/or regulatory authorities before it is included in the revised IB. The sponsor is generally responsible for ensuring that up-to-date IB is available to researchers and that investigators are responsible for providing up-to-date IB. In the case of a trial sponsored by a researcher, the sponsor-researcher should determine whether the brochure is available from a commercial manufacturer. If the test product is provided by a sponsor-researcher, then it should provide the necessary information to the test staff. In cases where the preparation of a formal IB is impractical, the investigator-examiner should provide as a substitute an extended section of background information in the test report containing at least the up-to-date information described in this Guideline. 7.2 IB's general considerations should include: 7.2.1 The name of the Site This should provide the name of the sponsor, the identity of each product under investigation (i.e. research number, chemical or approved generic name and trade name(s), if legally permissible and requested by the sponsor) and the date of issue. It is also proposed to provide an issue number and a reference to the number and date of issue it replaces. An example is given in Appendix 1. 7.2.2 Confidentiality Statement The sponsor may wish to include a statement ordering the examinee/consignee to treat IB as a confidential document for exclusive information and use of the investigation team and the IRB/IEC. 7.3 The content of the investigator's IB dossier should contain the following sections, each with literature references where appropriate: 7.3.1 Content An example of the content is given in Appendix 2 7.3.2 Summary A brief summary (preferably not exceeding two pages) should be provided highlighting the significant physical, chemical, pharmaceutical, pharmacological, toxicological, pharmacokinetic, metabolic and clinical information relevant to the clinical development stage of the test substance. 7.3.3 Introduction A brief introductory statement should be provided containing the chemical name (and the common and trade name(s) if all active substances are approved, the pharmacological substance(s) of the investigational medicinal product(s) and its expected position in this class (e.g. benefits), the rationale for carrying out research on the products under investigation and the presumed prophylactic, therapeutic or diagnostic indication(s). Finally, the introductory statement should provide a general approach to be followed when assessing the product under investigation. 7.3.4 The physical, chemical and pharmaceutical properties and formula A should provide a description of the substances of the product under investigation (including the chemical and/or structural formula(s)) and a brief summary of the relevant physical, chemical and pharmaceutical properties should be provided. In order to allow for appropriate precautions to be taken during the experiment, a description of the formulation(s) to be used, including excipients, should be provided and justified where clinically relevant. Instructions for storing and handling dosing forms should also be provided. Any structural similarities with other known compounds should be reported. 7.3.5 Preclinical studies Introduction: The results of all relevant studies on non-clinical pharmacology, toxicology, pharmacokinetics and metabolism of the products under investigation should be provided in an aggregated form. This summary should address the methodology used, the results and the discussion of the relevance of the findings for the therapeutic and potential adverse and unintended effects on humans investigated. The information provided may include, where appropriate: - Nature and frequency of pharmacological or toxic effects - Severity or intensity of pharmacological or toxic effects - Time to onset of effects - Reversibility of effects - Duration of effects - Dose response Test species Number and sex of animals in each group Unit dose (e.g. Milligram/kilogram (mg/kg)) Dosing interval Dosing route Duration of dosing Duration Of systemic distribution Duration of subsequent results after exposure Including the following aspects: Tabular format/lists should be used whenever possible to improve presentation clarity. The following sections should discuss the most important findings from studies, including the response of observed dose effects, relevance to humans and all aspects to be studied in humans. Where appropriate, an effective and non-toxic dose species (i.e. the therapeutic index should be discussed). The relevance of this information to the proposed human behavior should be addressed. Where possible, blood/tissue levels should be compared rather than mg/kg. (a) Preclinical pharmacology A summary of the pharmacological aspects of the products under investigation and, where appropriate, of its major metabolites studied in animals should be included. Such a summary should include studies assessing potential therapeutic activity (e.g. efficacy models, receptor binding and specificity) as well as safety assessment studies (e.g. specific studies to assess pharmacological measures other than the intended therapeutic effects). (b) Pharmacokinetics and metabolism of products in animals A summary of the pharmacokinetics and biological transformation and disposition of investigational medicinal products in all species studied should be provided. The discussion of the findings should address the absorption and local and systemic bioavailability of the products and metabolites studied and their relationship to pharmacological and toxicological findings in animal species. (c) Toxicology Summary of toxicological effects surveyed in relevant studies conducted in different species should be described, where appropriate, in the following headings: 7.3.6 Effects on humans Introduction: A thorough discussion should be provided on the known effects of investigational medicinal products in humans, including information on pharmacokinetics, metabolism, pharmacodynamics, dose response, safety, efficacy and other pharmacological activities. Where possible, a summary of each completed clinical trial should be provided. Information should also be provided concerning the results of any use of the products tested other than in clinical trials, such as experience during marketing. (a) Pharmacokinetics and metabolism of products in humans. (b) Safety and efficacy Summary of safety information of the investigational medicinal product(s) (including metabolites, where appropriate) safety, pharmacodynamics, efficacy and dose response obtained from previous human studies (healthy volunteers and/or patients). The implications of this information should be discussed. In cases where several clinical trials have been completed, the use of safety and efficacy summaries in several trials as indicated in subgroups may provide a clear presentation of the data. Tabulation summaries of adverse drug reactions would be useful for all clinical studies (including those for all indications studied). Important differences in models/incidences of adverse drug reactions between indications or subgroups should be discussed. IB should provide a description of the potential risks and adverse drug reactions to be expected from previous experience with the and related product. A description of the preventive measures or specific monitoring to be carried out as part of the examination of the use of the product(s) should also be provided. (c) Experience with the placing on the market of the product under investigation has been placed on the market or approved. All relevant information resulting from the use of the product after placing it on the market (e.g. formulations, doses, routes of administration and adverse drug reactions) should be summarised. IB should also identify all countries where the product under investigation has not received a marketing authorisation/registration or has been withdrawn from placing on the market/registration. 7.3.7 Summary of data and guidelines for the investigator This section should provide an overall debate on preclinical and clinical data and summarise information from different sources on the different aspects of the products tested where possible. 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Therefore, a person with medical qualifications should generally participate in adaptation IB, but the content of IB should be approved by the disciplines that produced the data described above. This Guideline shall define the minimum information to be included in IB and provide proposals for its organisation. It is expected that the type and extent of information available will vary depending on the stage of development of the product under investigation. If the investigational medicinal product is placed on the market and is generally understood by doctors in its pharmacology, extensive IB may not be necessary. If the regulatory authorities so permit, a brochure with basic product information, package leaflet or labelling may be a suitable alternative, provided that it contains current, comprehensive and detailed information on all aspects of the examiner's product that might be relevant to the examiner. If a product placed on the market is being investigated for new uses (i.e. a new indication), an IB specific to this new use should be prepared. IB should be reviewed at least once a year and revised as necessary in accordance with the adjudicator's written procedures. Depending on the stage of development and the production of relevant new information, a more frequent revision may be more appropriate. However, in accordance with good clinical practice, the relevant new information may be so important that it is communicated to the investigators and, where applicable, to the Institutional Review Committees (IEC)/Independent Ethics Committee (IEC) and/or regulatory authorities before it is included in the revised IB. The sponsor is generally responsible for ensuring that up-to-date IB is available to researchers and that investigators are responsible for providing up-to-date IB. In the case of a trial sponsored by a researcher, the sponsor-researcher should determine whether the brochure is available from a commercial manufacturer. If the test product is provided by a sponsor-researcher, then it should provide the necessary information to the test staff. In cases where the preparation of a formal IB is impractical, the investigator-examiner should provide as a substitute an extended section of background information in the test report containing at least the up-to-date information described in this Guideline. 7.2 General Considerations IB should include: 7.2.1 Front page This should provide the sponsor's name, identity and each product under investigation (i.e. research number, chemical or approved generic name and trade name(s), if legally permissible and required) and date of issue. It is also proposed to provide an issue number and a reference to the number and date of issue it replaces. An example is given in Appendix 1. 7.2.2 Confidentiality Statement The sponsor may wish to include a statement ordering the examinee/consignee to treat IB as a confidential document for exclusive information and use of the investigation team and the IRB/IEC. 7.3 The content of the IB investigative brochure should contain the following sections, each with literature references, if applicable: 7.3.1 Content The content example is given in Appendix 2 7.3.2 Summary A concise summary (preferably not exceeding two pages) should be provided highlighting the relevant physical, chemical, pharmaceutical, pharmacological, toxicological, pharmacokinetic, metabolic and clinical information relevant to the clinical development stage of the investigational medicinal product. 7.3.3 Introduction A brief introductory statement should be provided containing the chemical name (and the common and trade name(s) if all active substances are approved, the pharmacological substance(s) of the investigational medicinal product(s) and its expected position in this class (e.g. benefits), the rationale for carrying out research on the products under investigation and the presumed prophylactic, therapeutic or diagnostic indication(s). Finally, the introductory statement should provide a general approach to be followed when assessing the product under investigation. 7.3.4 The physical, chemical and pharmaceutical properties and formula A should provide a description of the substances of the product under investigation (including the chemical and/or structural formula(s)) and a brief summary of the relevant physical, chemical and pharmaceutical properties should be provided. In order to allow for appropriate precautions to be taken during the experiment, a description of the formulation(s) to be used, including excipients, should be provided and justified where clinically relevant. Instructions for storing and handling dosing forms should also be provided. Any structural similarities with other known compounds should be reported. 7.3.5 Preclinical studies Introduction: The results of all relevant studies on non-clinical pharmacology, toxicology, pharmacokinetics and metabolism of the products under investigation should be provided in an aggregated form. This summary should address the methodology used, the results and the discussion of the relevance of the findings for the therapeutic and potential adverse and unintended effects on humans investigated. The information provided may include, where appropriate: - Nature and frequency of pharmacological or toxic effects - Severity or intensity of pharmacological or toxic effects - Time to onset of effects - Reversibility of effects - Duration of effects - Dose response Test species Number and sex of animals in each group Unit dose (e.g. milligram/kilogram (mg/kg)) Dosing interval Dosing route Duration of dosing Duration of systemic distribution Duration of subsequent results after exposure Results including the following aspects: Tabular format/lists should be used whenever possible to improve presentation clarity. The following sections should discuss the most important findings from studies, including the response of observed dose effects, relevance to humans and all aspects to be studied in humans. Where appropriate, effective and non-toxic dose findings in the same species should be compared (i.e. the therapeutic index should be discussed). The relevance of this information to the proposed human behavior should be addressed. Where possible, blood/tissue levels should be compared rather than mg/kg. (a) Preclinical pharmacology A summary of the pharmacological aspects of the products under investigation and, where appropriate, of its major metabolites studied in animals should be included. Such a summary should include studies assessing potential therapeutic activity (e.g. efficacy models, receptor binding and specificity) as well as safety assessment studies (e.g. specific studies to assess pharmacological measures other than the intended therapeutic effects). (b) Pharmacokinetics and biological transformation and disposition of investigational medicinal products in all species studied should be provided. The discussion of the findings should address the absorption and local and systemic bioavailability of the products and metabolites studied and their relationship to pharmacological and toxicological findings in animal species. (c) Toxicology Summary of toxicological effects surveyed in relevant studies conducted in different species should be described, where appropriate, in the following headings: 7.3.6 Effects on humans Introduction: A thorough discussion should be provided on the known effects of investigational medicinal products in humans, including information on pharmacokinetics, metabolism, pharmacodynamics, dose response, safety, efficacy and other pharmacological activities. Where possible, a summary of each completed clinical trial should be provided. Information should also be provided concerning the results of any use of the products tested other than in clinical trials, such as experience during marketing. (a) Pharmacokinetics and metabolism of products in humans. (b) Safety and efficacy Summary of safety information of the investigational medicinal product(s) (including metabolites, where appropriate) safety, pharmacodynamics, efficacy and dose response obtained from previous human studies (healthy volunteers and/or patients). The implications of this information should be discussed. In cases where the number of clinical trials completed, the use of safety and efficacy summaries in several trials by indications in subgroups may provide a clear presentation of the data. Tabulation summaries of adverse drug reactions would be useful for all clinical studies (including those for all indications studied). Important differences in models/incidences of adverse drug reactions between indications or subgroups should be discussed. IB should provide a description of the potential risks and adverse reactions to the medicinal product to be expected from previous experience with the medicinal product under investigation and the related medicinal product. A description of the preventive measures or specific monitoring to be carried out as part of the examination of the use of the product(s) should also be provided. (c) Experience with the placing on the market of the product under investigation has been placed on the market or approved. All relevant information resulting from the use of the product after placing it on the market (e.g. formulations, doses, routes of administration and adverse drug reactions) should be summarised. IB should also identify all countries where the product under investigation has not received a marketing authorisation/registration or has been withdrawn from placing on the market/registration. 7.3.7 Summary of data and guidelines for the investigator This section should provide an overall debate on preclinical and clinical data and summarise information from different sources on the different aspects of the products tested where possible. In this way, investigators may be provided with the most informative interpretation of the available data and with an assessment of the implications of the information for future clinical trials. Where appropriate, published reports on related products should be discussed. This could help the investigator anticipate adverse drug reactions or other problems in clinical trials. The overall objective of this section is to provide investigators with a clear understanding of the potential risks and adverse reactions and specific tests, observations and precautions that may be necessary for the clinical trial. This understanding should be based on available physical, chemical, pharmaceutical, pharmacological, toxicological and clinical information on the product(s) being tested. 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